HEREWARD PRIMARY SCHOOL

School Menu Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Week Beginning:	**2nd Nov, 23rd Nov, 14th Dec, 4th Jan, 25th Jan 22nd Feb, 15th March**			
Macaroni Cheese or Pomodoro Pasta served with Vegetables	Homemade Mild Chicken Curry served with Wholegrain Rice & Green Beans & Naan Bread Sweet Potato & Chick Pea Curry	All Day Breakfast Pork Sausage Hash Brown Bites Beans Plum Tomatoes Scrambled Egg (optional) Bread & Butter Quorn Sausage (v)	Slow Cooked Beef Bolognese served with Fusilli Pasta Garlic Bread (optional) Vegetable and Lentil Bolognese (v)	Birds Eye Fish Fingers served with Chips Spaghetti Hoops or Peas Vegetable Fingers (V)
Or *Tuna & Sweetcorn Pasta*	*Or* *Jacket Potato Tuna & Cheese*	*Or* *Sausage Baguette*	*Or* *Jacket Potato with Cheese*	
Salad Bar	Salad Bar		Salad Bar	Salad Bar
Dessert of the Day Or Yoghurt Fresh Fruit	Dessert of the Day or Yoghurt /Fresh Fruit	Fresh Fruit Salad or Yoghurt / Fresh fruit	Dessert of the Day Yoghurt / Fresh fruit	Dessert of the Day Yoghurt / Fresh fruit

Cold milk is available every day as well as water. (V) = Item for vegetarians only

HEREWARD PRIMARY SCHOOL

School Menu Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Week Beginning:	**9th Nov, 30th Nov, 11th Jan, 1st Feb, 1st March, 22nd March**			
Jacket Potato Day Choice of: Tuna Mayo Baked Beans or Grated Cheese Sweetcorn Or	Chicken Milanese served with Pomodoro Pasta Quorn Fillet (v) Or	Homemade Beef & Onion Pie served with Roasted Baby Potatoes & Seasonal Vegetables Gravy (optional) Cheese & Vegetable Pie (v) Or	Butchers Pork Sausage with Creamy Mash Beans or Peas Gravy(optional) Quorn sausage (v) Or	Breaded Fish Fillet served with Chips & Sweetcorn Medley Tomato and Basil Pizza Whirl (v)
Pomodoro Pasta	Jacket With Tuna	Jacket with Cheese & Beans	Sausage Baguette	
Salad Bar	Salad Bar		Salad Bar	Salad Bar
Dessert of the Day or yoghurt / fresh fruit	Dessert of the Day or yoghurt / fresh fruit	Fresh Fruit Salad yoghurt / fresh fruit	Dessert of the Day yoghurt / fresh fruit	Dessert of the Day or yoghurt / fresh fruit

Cold milk is available every day as well as water. (V) = Item for vegetarians only

HEREWARD PRIMARY SCHOOL

School Menu Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Week beginning:	**16th Nov, 7th Dec, 18th Jan, 8th Feb, 8th March**			
Cheesy Vegetable Pasta Bake served with Mixed Vegetables	Homemade Mild Chilli con Carne served with wholegrain rice & Green Beans (cheese) optional Lentil and Bean Chilli	Roast Chicken Yorkshire Pudding Crispy Roast Potatoes Carrots & Peas Gravy (optional) Quorn Fillet (v)	Beef Meatballs in Tomato Sauce served with Penne Pasta Quorn Balls (v)	Birds Eye Fish Fingers Chips & Peas Vegetable & Cheese Quesadilla (V)
Or *Jacket Potato with Cheese & Beans*	*Or* *Ham Salad Baguette*	*Or* *Chicken Pesto Pasta*	*Or* *Jacket Potato Beans*	
Salad Bar	Salad Bar		Salad Bar	Salad Bar
Dessert of the Day Yoghurt / Fresh fruit	Dessert of the Day Yoghurt / Fresh fruit	Fresh Fruit Salad or yoghurt	Dessert of the Day Yoghurt / Fresh fruit	Dessert of the Day Yoghurt / Fresh fruit

Cold milk is available every day as well as water. (V) = Item for vegetarians only